



## *Prayers and Meditations for Labor and Childbirth*

### **::Opening Prayers::**

Blessed is our God always, both now and ever, and to the ages  
Amen.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)  
Glory to the Father and to the Son and to the Holy Spirit, now and  
and to the ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, be gracious unto our  
Master, pardon our transgressions. Holy One, visit and heal our  
infirmities; for Your Name's sake, and have mercy on us.

Lord have mercy; Lord have mercy; Lord have mercy.

Glory to the Father and to the Son and to the Holy Spirit, now and  
and to the ages of ages. Amen.

Our Father, who art in Heaven ...

Amen.

O LORD God Almighty, the Creator of all things and the Giver  
knowledge to mankind: who did fashion the body of man from  
and breathed into his nostrils the breath of life, and granted his  
blessing, that he might increase and multiply by means of the b  
children: We ask You now, who love mankind, to bless this You  
handmaiden, [NAME] , who is with child, granting her help an  
at this trying time; ease her labor, and bring her to safe delivery  
Lord, open the treasury of Your mercies, and Your compassion  
and let her give birth to a fruitful vine, to be a cause of joy to he  
days of her life: For blessed are You, and Your Only-begotten S  
Your all-holy, good and life-creating Spirit, now and ever, and  
of ages. Amen.



### ::Scripture Readings::

"Come to Me, all who labor and are heavy laden, and I will give you rest."  
*Matthew 11:28*

"Shall I bring to birth and not cause to bring forth?" says the LORD."  
*Isaiah 66:9*

"Therefore, my beloved brethren, be steadfast, immovable,  
always abounding in the work of the Lord,  
knowing that **in the Lord your labor is not in vain.**"  
*1 Corinthians 15:28*

"They shall not labor in vain, or bear children for calamity; for  
be the offspring of the blessed of the LORD, and their children  
shall be with them."

*Isaiah 65:23*

"We give thanks to God always for you all, constantly mention  
our prayers, remembering before our God and Father your  
faith **and labor of love** and steadfastness of hope in our Lord Jesus  
For we know, brethren beloved by God, that **He has chosen**  
*1 Thessalonians 1:2-4*

"For Thou didst form my inward parts,  
Thou didst knit me together in my mother's womb."  
*Psalms 139:13*

"When a woman is in travail she has sorrow, because her hour  
but when she is delivered of the child, she no longer remem-  
ber the anguish, for joy that **a child is born into the world.**"  
*John 16:21*

"A patient man will endure until the right moment,  
and then **joy will burst forth** for him."  
*Sirach 1:23*

"Love bears all things, believes all things,  
hopes all things, endures all things."  
*1 Corinthians 13:7*

"Blessed is the man who endures trial,  
for when he has stood the test he will receive **the crown of life**.  
God has promised to those who love Him."  
*James 1:12*



### ::Moments of Pain or Suffering::

"And after you have suffered a little while, the God of all grace, Who has called you to His eternal glory in Christ, will Himself restore, establish, and strengthen you."

*1 Peter 5:10*

"Be brave, my child;  
the Lord of heaven and earth grant you joy in place of this sorrow of yours.

**Be brave, my daughter."**

*Tobit 7:18*

"I consider that the sufferings of this present time are not worth comparing with **the glory that is to be revealed** to us."

*Romans 8:18*

"For as we share abundantly in Christ's sufferings, so through Christ

we share abundantly in comfort too."

*2 Corinthians 1:5*

"More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us."

*Romans 5:3-5*

"I may know Him and the power of His resurrection, and may share His sufferings,

**becoming like Him** in his death"

*Philemon 3:10*

"Now I rejoice in my sufferings for your sake, and in my flesh I complete what is lacking in Christ's afflictions for the sake of His body, that is, the church."

*Colossians 1:24*

"But rejoice in so far as **you share Christ's sufferings**, that you may also rejoice and be glad when His glory is revealed."

*1 Peter 4:13*

"I sought the Lord, and He answered me,  
and delivered me from all my fears."

*Psalms 34:4*

"Be strong and of good courage,  
**do not fear or be in dread of them: for it is the Lord your God with you;** He will not fail you or forsake you."

*Deuteronomy 31:6*

**"Be strong and of good courage, and do it.**  
Fear not, be not dismayed; for the Lord God, even my God, is with me; He will not fail me or forsake me, and I will not fail you or forsake you,



until all the work for the service of the house of the Lord is finished."

*1 Chronicles 28:20*

"When I am afraid, I put my trust in Thee. In God, whose word I praise, in God I trust without a fear. What can flesh do to me?"

*Psalms 56:3-4*

"Fear not, for I am with you,  
be not dismayed, for I am your God;  
**I will strengthen you**, I will help you,  
I will uphold you with My victorious hand."

*Isaiah 41:10*

"For I, the Lord your God, hold your right hand;  
it is I who say to you, 'Fear not, I will help you.'"

*Isaiah 41:13*

"For Thou alone dost exist, and **we are a work of Thy hands**, as Thou hast declared. And because Thou dost give life to the body which is now fashioned in the womb, and dost furnish it with members, **what Thou has created is preserved** in fire and water, and for nine months the womb which Thou has formed endures Thy creation which has been created in it. **But that which keeps and that which is kept shall both be kept by Thy keeping.**"

*Ezra 8:7-9*



**::After Baby is Born::**

"For this child I prayed; and the Lord has granted me the petition to Him. Therefore I have lent Him to the Lord; as long as he lives, he is given to the Lord."

*1 Samuel 1:27-28*

"Praise the Lord!  
O give thanks to the Lord, for He is good;  
for His steadfast love endures for ever!"

*Psalms 106:1*

"With my mouth I will give great thanks to the Lord;  
I will praise Him in the midst of the throng."

*Psalms 109:30*

"Lo, sons are a heritage from the LORD,  
the fruit of the womb, a reward."

*Psalm 127:3*

**"Praise the Lord! Praise the Lord, O my soul!**

I will praise the Lord as long as I live;  
I will sing praises to my God while I have being."

*Psalm 146:1-2*

**"For it is all for your sake,**

so that as grace extends to more and more people it may  
increase thanksgiving,  
to the glory of God."

*2 Corinthians 4:15*

"For what thanksgiving can we render to God **for you**,  
for all the joy which we feel for your sake before our God?"

*1 Thessalonians 3:9*

"Amen! Blessing and glory and wisdom and thanksgiving and honor and  
power and might be to our God for ever and ever! Amen."

*Revelation 7:12*

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### **::Closing Prayers::**

O Sovereign Lord Jesus Christ our God, the Source of life and  
immortality, I thank Thee, for in my marriage Thou has blest me to be a  
recipient of Thy blessing and gift; for Thou, O Master, didst say: Be  
fruitful and multiply and replenish the earth.

I thank Thee and pray: Bless this fruit of my body that was given to me by  
Thee; favor it and animate it by Thy Holy Spirit, and let him grow a  
healthy and pure body, with well-formed limbs.

Sanctify his body, mind, heart, and vitals, and grant this infant  
be born an intelligent soul; establish him in the fear of Thee.

A faithful angel, a guardian of soul and body, do thou vouchsafe  
Protect, keep, strengthen, and shelter the child in my womb un-  
til his birth. But conceal him not in his mother's womb; Thou grant  
life and health.

O Lord Jesus Christ, into Thine almighty and paternal hands deliver  
my child. Place him upon the right hand of Thy grace, and through  
Thy Holy Spirit sanctify him and renew him unto life everlasting, that he  
may be a communicant of Thy Heavenly Kingdom. Amen

**\*\* By the intercessions of St. Brigid of Kildare, St. Anna, and the  
Theotokos and ever Virgin Mary. Amen.**





"And He took a child, and put him in the midst of them; and taking him in His arms, He said to them, '**Whoever receives one such child in My name receives Me**; and whoever receives Me, receives not Me but Him who sent Me.'"

*Mark 9:36-37*