



# THE PARISH PRESS

## St. Philip Orthodox Church



FOLLOWING IN THE STEPS OF THE AMERICAN SAINTS: BE A PEACE MAKER

### NEWS ~ N ~ NOTES

#### GIVING UPDATES

**FORTY DAYS OF GROWTH IN STEWARDSHIP** is well underway for success. Please increase your pledge this year. Thank you and God bless you and all our faithful stewards! *The first of the first fruits of your land you shall bring into the house of the Lord your God. (Exodus 23:19)*

**MONTHLY OUTREACH COLLECTION:** In November, we are focusing on our annual Turkeys R Us collection, but feel free to bring in other items for the bin in the narthex as well.



May God bless all our faithful givers!

#### Pumpkin Chickpea Fritters



- 1 can chickpeas, drained
- 1/2 cup pumpkin puree (canned)
- 1/4 cup hemp seeds
- 1 tsp garlic granules
- 2 tsp apple cider vinegar
- a few dashes of pepper, cayenne and salt to taste
- optional:* 1-2 tsp flour to assist in binding if needed
- 1 cup bread crumbs for coating
- 1/4 - 1/2 cup safflower oil for frying



1. Add the chickpeas and pumpkin to a large mixing bowl and mash until just mostly consistent.
2. Add in the spices, cider vinegar, hemp seeds and optional flour. Fold together until a moist mixture forms.
3. Preheat a few tablespoons of safflower oil in a large skillet.
4. When the oil is hot, form the mixture into golf ball sized balls and roll in your panko crumbs until well covered. Pat down into flatter cakes & carefully place in the hot oil.
5. Continue until the pan is full - leave about an inch space between each cake for easier flipping. Cook on each side only about 1-2 minutes - or until toasty brown.
6. Transfer cooked fritters to a paper towel to cool. Serve in about 5 minutes after cooling a bit.

### A Message from Fr Noah

Dear Brothers and Sisters in Christ,  
It has been a difficult last three months for us with funerals of very active and much-loved founding parishioners. God has worked through these men, along with many others still among us, God willing hopefully for Many Years! Thanks to God's blessing on all our efforts, we have this beautiful and parish as an outpost of the Kingdom of Heaven! There is a great legacy of generosity, service, commitment, love, patience, joy, and excellence that must be taken up by the younger of us in the parish. Which of us will step up to the spontaneous generosity, constant cleaning, and full-voiced, "doors opened" church attendance of Myron? Who will grow into the shoes of the overseer of building projects, ferociously dedicated to excellence, and fearless leadership and generosity of Barry? Who will stand in the gap of generosity, careful financial management, thoughtful para-liturgical service, and sly wit of Ted?

Certainly we can't ever replace them, for they are still with us in the services as we enter into heavenly worship. No we won't replace them but we must build on their legacy of love for the Lord, His Church, and His people.

How are you stepping up?  
May their memory be eternal and may we have a long and fruitful ministry to God!

Grateful to be continuing the work of these our fathers and brothers who have gone before us, I remain,

Your Servant in Christ,

+ Fr. Noah

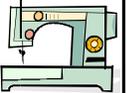
*You could also bake these instead of frying! Bake on parchment paper or a lightly greased baking sheet at about 350 degrees for about 20 minutes or until toasty. Store in the fridge and reheat in the oven if desired. You can freeze as well.*

<http://kblog.lunchboxbunch.com/2011/10/toasty-pumpkin-chickpea-fritters.html>

### Mark Your Calendar:

#### Matushka Olga Sewing Club

Tuesdays, 11 a.m. - 3 p.m.  
Learn or teach, work on your own project or on projects for those in need. All welcome.



#### Catechumens & Inquirers

Tuesdays, Sept 25 - Nov 13, 7 p.m.

#### Youth Choir

Saturdays Nov 3 - Dec 1 (exc Nov 24)

#### Book Study led by Fr James

Wednesdays, following Akathist  
November 7 - December 19 (exc. Nov 21)  
**God-Forsaken: Bad Things Happen.**

#### Is There a God Who Cares?

by Dinesh D'Souza.

#### Services for Apostle Philip

Tuesday, November 13  
Vespers & Artoklasia, 7 p.m.  
Wednesday, November 14  
Matins 9 a.m., Liturgy 10 a.m.

#### Nativity Fast begins November 15

#### Advent Paraklesis

Mondays & Fridays in the fast, 7 p.m.

#### Saturday Potluck & Presentation

November 17, following Vespers  
Chili cook-off & presentation on Fasting & Nutrition, by Kristi Moore



#### Services for Entry of the Theotokos

Tuesday, November 20  
Matins 6 p.m., Liturgy 7 p.m.

### OUR SYMPATHY IN CHRIST



is extended to the Horoschak family upon the passing of Ted Horoschak, who reposed in the Lord on October 19. Funeral services were held here at St Philip's on October 22, with burial in the St Philip's Cemetery. A 40-day memorial will be celebrated on December 2.

**MAY HIS MEMORY BE ETERNAL!**

**Did You Know?**

- The **Altar Boys**, under the direction of **Abay Tadesse**, are very numerous, and the altar is overcrowded. Probably beginning in January, we will try breaking them into two teams that will serve every other Sunday.
- **Tithing** (giving 10% of our income) is a great blessing: for the church to grow in its ministries and outreach and for us to grow in our faithfulness and reliance on God.
- There is a **Mobile Library Cart** that will be stationed in the narthex. **Chris Stavrou** and her team will be rotating all the books in circulation in our substantial collection. Check out some edifying reading - and don't forget to return them!
- It was a great blessing for us all to have **Ted Horoschak's** body in church with us for Vespers, Matins, and Liturgy before his burial. May his memory be eternal. Perhaps we will see more of this in the future, but, God willing, not for a while.
- During the **Nativity Fast** (Nov 15-Dec 24) we should be fasting, attending more church services, praying more, giving more alms, reading a spiritual book, and limiting our "screen time." Also, plan to make your confession early on. Get your Christmas shopping done before the fast starts!
  - There are **many new people at church**, do you know their names? If we welcome them and get to know them, they will have more reason to not remain visitors to but join us as stewards.
- There are many **ministries** in the church that need your help. Which ones will you step into?
- **Fr. Gregory O'Leary**, who was ordained here and served fruitfully in our area for many years, has stepped down from the priesthood to re-marry. He said he'd like to go by the name "Richard" and is looking forward to growing in lay-ministry.
- It is a good idea to **plan ahead for the end of your life**. Where will your body be laid to rest? Do you have a will, including a portion (10%) left to the church? Are your wishes regarding extreme medical measures known by your family?
- He who sows sparingly will also harvest sparingly; he who sows bountifully will also harvest bountifully!
- **God loves a cheerful giver!**



**Walking in the Steps of the American Saints  
READ THE BIBLE**



On November 8<sup>th</sup>, 1838, St. Innocent left Sitka, the home-base of the last few years of his priestly mission work. By God's grace and with the help of many, he left as the Gospel of St. Matthew, which he translated into Aleut, was being sent for publication. His preface to this, the first translation of the Holy Scriptures into this language, served as his farewell address to his beloved flock. The following is but a few lines of this moving and loving appeal for his parishioners to read the Bible, that we would do well to obey: "Without the Word of God man is spiritually hungry, thirsty, blind, and dead. ... My brethren: Read. Hearken. Believe and put into practice the things you read. Become wise and be saved!"

**Ask Abouna**



**Previous Question:** Father, how do I choose which services to attend?

**Answer:** Glory to God! We have a very active parish, both liturgically and in ministry. These must go hand in hand. If we are active in ministry, we also need to be liturgically active to keep our focus on Christ, rather than on activities. Likewise, if we are going to church a lot, we need to share the spiritual blessings that we receive. Indeed, if we are involved in a ministry - which we all should be in addition to our financial stewardship - then we ought to be attending at least one more service per week than the Lord's Day Divine Liturgy.

So, how do we prioritize?

- 1<sup>st</sup> Holy Week and Glorious Pascha (no one should ever miss these services)
- 2<sup>nd</sup> Lord's Day Divine Liturgy (every Sunday)
- 3<sup>rd</sup> Feastdays (Eve of and/or Morning of the Feast, 12 Great Feasts per year plus our patronal feast)
- 4<sup>th</sup> Lenten Services (Presanctified, The Akathist, Great Compline)
- 5<sup>th</sup> Baptisms, Chrismations, Weddings, and Funerals (It is important to pray with each other in our parish family.)
- 6<sup>th</sup> Lord's Day Great Vespers (Saturday Night) and Matins (Before Sunday's Liturgy)
- 7<sup>th</sup> Special Services: Akathist, Paraklesis, etc.



Also, Vespers is a great chance to bring someone to church as well as a convenient time to go to Confession.

"I was glad when they said unto me, 'let us go into the house of the Lord!'" (Psalm 121/122)

**New Question:** Father James, how did you become Orthodox and become a priest?"

**Wisdom**

**On Ministry and Generosity**

- Wherever you live, follow the same manner of life as everyone else, and if you see devout men whom you trust doing something, do the same thing and you will be at peace. For this is humility: to see yourself to be the same as the rest. - *Abba Motius*
- He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. - 2 Cor. 9:6

**On Repentance**

- A soldier asked Abba Mius if God accepted repentance. After the old man had taught him many things he said, "Tell me, my beloved, if your cloak is torn, do you throw it away?" He replied, "No, I mend it and use it again." The old man said to him, "If you are so careful about your cloak, will not God be equally careful about his creature?"
- I prefer a man who sins and repents to one who does not sin and does not repent. The first has good thoughts, for he admits that he is sinful. But the second has false, soul-destroying thoughts, for he imagines himself to be righteous. - *Abba Poemen the Great*

